

Thursday

Yoga (1st-4th)

8:15-9:00 AM (Library) \$65

Our dear friends from Beloved Yoga are offering this great way to start the day. Come channel your inner yogi, or just chill out on the mat while you learn the fundamentals of yoga. A terrific way for kids to build fitness, strength and conditioning, this class will be fun and energizing. Eight sessions, starting Thursday, **October 12th**, (no class on 11/24, last class 12/8). *Class is limited to 10 participants.*

Sports Spectacular (K-2nd)

3:55-4:55 (Gym) \$80

Do you love to play sports? Then you'll love Sports Spectacular! Each week we'll play a different sport or game including: basketball, soccer, flag football, kickball, capture the flag, tag games and MORE! Get moving with games like Bump and Bite, Knights and Dragons, the Numbers Game, and Safe Base. We'll work on teamwork, sportsmanship and fitness, all while having FUN! Sports Spectacular will meet in the gymnasium. Eight sessions, starting Thursday, October 6th, (no class on 11/24, last class 12/1)

Newspaper Writers (3rd-6th)

3:55-4:55 (Cafeteria) \$80

Learn what it is like to be a part of a school newspaper! Research, write, illustrate and edit! Newspaper writers will meet in the Cafeteria. Eight sessions, starting Thursday, October 6th, (no class on 11/24, last class 12/1)

Friday

Creative Dance (K-2nd)

3:55-4:45 (Gym) \$45

Studies show that encouraging children's creative energies enhances their abilities to think and perform. Students will learn dance and movement fundamentals, which promote creative expression and help build self-confidence. Led by Liz Falcone, a qualified Creative Arts teacher, each week students will be exposed to a variety of dance forms and styles. *Class size is limited to 16 students.* Class will meet in the gym for seven (7) sessions, starting Friday October 7th, 3:55-4:45pm (last Class 11/18).

Team Makers (2nd-6th)

3:55-4:55 (Cafeteria) \$85

This character building program is designed to enhance team work, problem solving abilities and a bit of team spirit! Kids learn to strategize, work together, plot and lead through different games, activities and challenges. Team Makers will meet in the cafeteria for eight (8) sessions, **starting Friday, October 21st**, 3:55-4:55pm (no class on 11/25, last class 12/16).

Registration guidelines:

1. Complete the registration form – one form per student. ALL information is required and must be current.
2. Make checks payable to **Terraset PTA** with "After School Program" in the memo field.
3. Return the registration form, with full payment, via your child's teacher
4. All after-school activity participants must be picked up from Terraset promptly. There is no adult supervision in the building after each activity. Students who are not picked up on time will be dropped from activity roster!

*If your child receives a free/reduced meal plan, assistance with club fees is available. Contact Chelsea Huddleston at chelseahuddleston@yahoo.com

Terraset Elementary School



After School Program

Fall 2011

The Terraset PTA is happy to announce a wonderful slate of after-school activities for Terraset students this fall. There are a number of choices, so we think your child will find something fun and interesting to join.

Updated October 3, 2011

FALL 2011 REGISTRATION FORM

Please PRINT

Student Name: _____

Grade: _____ Teacher: _____

Is this student attending PM SACC?

yes no

Select activities your child would like to join. (See the full description for level, day and time)

- | | Activity Fee* |
|--|---------------|
| <input type="checkbox"/> Lacrosse (\$85) | _____ |
| <input type="checkbox"/> Mad Science (\$85) | _____ |
| <input type="checkbox"/> Sports & Agility (\$80) | _____ |
| <input type="checkbox"/> Chess (\$48) | _____ |
| <input type="checkbox"/> Eco Club (\$25) | _____ |
| <input type="checkbox"/> Lego Club (\$25) | _____ |
| <input type="checkbox"/> Kids Zumba (\$60) | _____ |
| <input type="checkbox"/> Yoga (\$65) | _____ |
| <input type="checkbox"/> Sports Spectacular (\$80) | _____ |
| <input type="checkbox"/> Newspaper Writers (\$80) | _____ |
| <input type="checkbox"/> Creative Dance (\$45) | _____ |
| <input type="checkbox"/> Team Makers (\$85) | _____ |

TOTAL _____

Parent Name: _____

Phone # during class time: _____

Email Address: _____

Emergency Contact Name and Phone #: _____

Tuesday

Eight sessions, starting Tuesday, October 4th (no class 11/8, last class 11/29)

Step 1 Lacrosse (K-4th)

8:00-9:00 AM (Field) \$85

Terraset is excited to introduce Step 1 Lacrosse as an outdoor AM Program! Step1Sports introduces the fundamentals of lacrosse through games and exciting drills exposing boys and girls to the basic skills of catching, throwing, scooping and shooting. If your son or daughter has two years or less experience in lacrosse, this is the perfect opportunity for them to learn the basics and prepare for the spring season. Step 1 Lacrosse will meet on the field.

Mad Science (2nd-6th)

3:55-4:55 (Cafeteria) \$85

Through the course of Funky Forces and more, children will play engineer, chemist—and stunt pilot! Children will investigate physics fundamentals and bring their scientific minds to basic magic tricks. Your Mad Scientists will be shocked by what they learn about electricity, blown away by their experiments with air pressure, and swept away by the excitement of working with waves! This program is extremely popular – be sure to sign up early as it fills fast! Mad Science will meet in the cafeteria. *Cost is inclusive of all supplies. Start date delayed to Oct 18th.*

Sports & Agility (2nd-6th)

3:55-4:55 (Gym) \$80

Looking to get fit, get fast and have fun! The guys from Overtime Athletics are back at Terraset with a NEW Sports & Agility Program! This program will get and keep your kids moving and having fun while increasing their speed, agility and stamina. You'll experience hurdles, track starts, jump ropes and fun tag games. Sports & Agility will meet in the gymnasium.

Wednesday

Eight sessions, starting Wednesday, October 5th, (no class on 11/23, last class 11/30)

Chess (1-6th)

8-9am (Library) \$48

Beginner through advanced, this club is perfect for anyone interested in learning chess and or developing their chess skills. **Start date delayed to Oct 12th.** *Limited to 20 participants.*

Eco Club (K-4th)

3:55-4:55 (At the Fish Tank) \$25

The perfect activity for your budding environmentalist, students participate in raising Brook Trout from eggs in Terraset's new aquarium. Meetings include games, crafts and monitoring tank quality and fish growth. Participants will have the opportunity to record observations and photos of trout development and related learning on the Eco Club blog to share with friends and family. Eco Club will meet near the fish tank, from 3:55-4:45pm. Enrollment limited to 15 students. *A parent or guardian must accompany Kindergarteners.*

Lego Club (K-6th)

3:55-4:45 (Cafeteria) \$25

The Terraset Lego Club encourages students to build models and machines, exercise their spatial abilities, planning and predictive skills and develop creative abilities using Lego building bricks. Fun and challenging exercises include free-form creations, collaborative design and construction, and speed build activities. Club enrollment *limited to 50 students*, all grades.

Kids Zumba (1st-6th)

3:55-4:45 (Gym) \$60

KIDS ZUMBA® is a combination of fun & fitness! This one hour class, taught by our own Zumba certified Ms. McGrane, combines high energy, music with easy to follow kid friendly moves. *Limited to 16 participants.*