

AFTER-SCHOOL ACTIVITIES AT TERRASET!

Sign Up Now!!

It's cold outside, but your kids want to run around! Lucky for you, the Terraset PTA offers another fantastic slate of after-school activities for Terraset students this winter. There are a number of choices, and we think that your child will find something fun and interesting to join. If your child receives free/reduced meal plan and you are interested in a scholarship, contact Leslie Sogandares at lesliesogandares@verizon.net for more information. Enrollment in any activity is on a first-come, first-served basis, so be sure to return your registration form (on back) with Tuesday folders ASAP! Remember to make checks payable to Terraset PTA. The Winter Session takes place during the 8 weeks of February and March.

Lego Club: The Terraset Lego Club encourages Terraset's future engineers to build models and machines, exercise their spatial abilities, their planning and predictive skills, and develop creative abilities using Lego building bricks. Fun and challenging exercises include free-form creations, collaborative design and construction, and speed build activities. Lego Club will meet Thursdays for 8 weeks, beginning February 4th, in the cafeteria, from 3:55-4:45. *Cost for the club is \$25.* Enrollment limited to 40 students, all grades.

Terraset Nature Club: The perfect activity for your budding environmentalist, students will continue their participation in the Brook Trout project. Activities will include monitoring trout development and tank water quality, and engaging in stream habitat studies. In the spring, this group will participate in the trout release! Nature Club participants will develop an appreciation for water resources and conservation ethics while deepening their understanding of ecosystems. Meetings will include games, crafts and hands-on science. Participants will have the opportunity to record observations and photos of trout development and related learning on the Terraset PTA Clubs Blog to share with friends and family. Club will meet Fridays for 8 weeks, beginning February 5th, in the cafeteria, from 3:55-4:45. *Cost for the club is \$25.* Enrollment limited to 15 students, Grades 1-6.

Basketball/Floor Hockey: The guys from Overtime Athletics are back at Terraset and they bring a combo program for the winter! On alternating weeks, kids will learn the fundamentals of these two popular winter sports, focusing on passing, shooting and defense skills. These fast-paced games will also teach cooperation, leadership and teamwork. The class will run from 3:55-4:55, beginning Tuesday, February 2nd, in the gym for grades 3-6. *Cost is \$65.* Enrollment limited to 15 students. Hurry—this will fill up fast!

Kids Club: New to Terraset, this club is specifically designed for our kids in the lower grades. In each club meeting, the kids will play innovative games that teach cooperation, teamwork and creativity while inspiring the kids to develop physical and athletic skills that will help them in all kinds of spring and summer sports! Kids Club is a very popular program in other FCPS schools—get in while you can! For grades K-2, Tuesdays, starting February 2nd, from 3:55-4:55, in the cafeteria. Cost is \$65; club enrollment is limited to 15 students.

Creative Dance: Studies show that encouraging children's creative energies enhances their abilities to think and perform. If you have a child whose inner Travolta is just begging to be released, why not try this program, designed specifically for young kids by our very own Liz Falcone. Students will learn dance and movement fundamentals, which promote creative expression and help build self-confidence. Each week, students will be exposed to a variety of dance forms and styles. Grades K-3 will meet on Wednesdays, in the gym, starting February 3rd, from 3:55-4:45. *Cost is \$55 for 8 sessions.* Class is limited to 15 students.

RA Tennis: Reston Association is back this winter after a year's break to offer group tennis lessons to our aspiring Davis Cup champs! Each week, the coaches will teach the kids foundations of the game and proper forehand, backhand and serve shots. Given all the available courts in Reston in the spring and summer, this is a great sport of all kids in the community to learn to play with their friends. Grades 2-6 will meet in the gym on Fridays, starting February 5th, from 3:55-4:55. Cost is \$65. Class is limited to first 12 students to sign up. All racquets and balls are provided; proper gym shoes (sneakers) required.

HRYL Softball: The great folks at Herndon/Reston's Youth Leagues are bringing girls' softball to Terraset for the first time. This is a terrific opportunity to try out a sport that is quickly becoming one of the most popular for girls all over the area. Each week, coaches will teach the girls proper hitting and catching techniques and the fundamental rules of the game. Local middle and high school softball players will also be on hand to offer the participants loads of helpful hints and encouragement. At the end of the session, your child will be more than ready to sign up for the youth league spring teams. Grades 2-6 will start on Thursday, February 4th, from 3:55-4:55, and the cost is \$50. All equipment is provided.

Yoga: New in the FCPS schools this year, this program will introduce the fundamentals of yoga practice while offering the kids a fun and high-energy approach to their fitness development. Taught by a local professional whose program has been extremely popular in other Reston schools, this class will be taught on Fridays, beginning February 5th, from 3:55-4:55 for grades 1-4. Cost is \$65, and class is limited to 15 students. All equipment/mats are provided; students should come dressed in appropriate (comfortable!) play clothes.

Enrollment for these activities will be on a first-come, first served basis. Please fill out the registration form (<http://www.terrasetpta.org/FormsPublications/Winter2010RegistrationForm.pdf>) and return it in your child's Tuesday packet, with check payment made out to Terraset PTA.

All after-school activity participants must be picked up from Terraset promptly. There is no adult supervision in the building after each activity. Students who are not picked up on time may be dropped from activity roster!